



**Scottish  
Swimming**



# 2017 SCOTTISH NATIONAL AGE GROUP SWIMMING CHAMPIONSHIPS

**(Under FINA Rules & Scottish Swimming Regulations)**

**Aquatics Centre  
Aberdeen Sports Village**

**29<sup>th</sup> March – 2<sup>nd</sup> April 2017**

**(Licence No: L1/521/ND/MAR17)**

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# 2017 SCOTTISH NATIONAL AGE GROUP SWIMMING CHAMPIONSHIPS

(Under FINA Rules/Scottish Swimming Regulations)

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## EVENT VENUE DETAILS

**Dates:** 29<sup>th</sup> March – 2<sup>nd</sup> April 2017  
**Venue:** Aquatics Centre, Aberdeen Sports Village, Regents Walk, Aberdeen AB24 1SX  
**Phone:** 01224 438900  
**Pool:** 10 lane x 50 metre (Full electronic timing)  
Separate 6 lane x 25m warm-up and swim-down facility  
**Meet Promoters:** SASA National Swimming Committee

## SESSION TIMES

<b>Wednesday and Friday</b>	Morning	Heats	Warm Up:	08.00
			Start:	09.00
	Afternoon	Heats	Warm Up:	12.30
			Start:	13.30
	Evening	Finals	Warm Up:	16.15
			Start:	17.15

<b>Thursday, Saturday, Sunday</b>	Morning	Heats	Warm Up:	08.00
			Start:	09.00
	Afternoon	Heats	Warm Up:	12.30
			Start:	13.30
	Evening	Heats	Warm Up:	15.45
			Start:	16.45

NB. Session start times may be adjusted once all entries have been received and processed.  
Any new session times will be notified with confirmation of acceptances.

## TRAINING PRIOR TO CHAMPIONSHIPS

It may be possible to arrange some training times directly with the pool on Tuesday 28<sup>th</sup> March 2017. This would be subject to availability. Please contact The Duty Manager at Aberdeen Aquatics Centre

Phone: 01224 438900

# PROGRAMME OF EVENTS

## INDIVIDUAL EVENTS

### YOUTH

<b>Boys &amp; Girls:</b> 15, 16, 17/18 years	Heats swum in the morning sessions
50m, 100m, 200m, 400m Freestyle 50m, 100m, 200m Backstroke 50m, 100m, 200m Breaststroke 50m, 100m, 200m Butterfly 200m, 400m Individual Medley	Heats and Finals
800m, 1500m Freestyle	Heat Declared Winner

### AGE GROUP

<b>Boys &amp; Girls:</b> 11-13 and 14 years	Heats swum in the afternoon sessions
50m, 100m, 200m Freestyle 50m, 100m, 200m Backstroke 50m, 100m, 200m Breaststroke 50m, 100m, 200m Butterfly 200m Individual Medley	Heats and Finals
400m, 800m, 1500m Freestyle 400m Individual Medley	Heat Declared Winner

### SENIOR

<b>Men &amp; Women:</b> 19 & over years	Heats swum in the morning sessions
All events	Heat Declared Winner

## RELAY EVENTS

### YOUTH

<b>Boys &amp; Girls:</b> 14–16 and 17 years & over	Swum in the morning sessions
4 x 100m Freestyle, 4 x 100m Medley, 4 x 100m Freestyle	Heat Declared Winner

### AGE GROUP

<b>Boys &amp; Girls:</b> 11-13 years	Swum in the afternoon sessions
4 x 100m Freestyle, 4 x 100m Medley	Heat Declared Winner

### PLEASE NOTE:

This is the **ONLY** event where **Scottish relay teams** may qualify for the **British Summer Championships**.

**Swimmers aged 19 & over will swim heats only and will be integrated into the 15,16, 17/18 youth events. However, should there be ten or more 19 & over swimmers entered in any event at the end of the withdrawal window of each session, the fastest ten swimmers will swim in a heat of their own. In the event that there are fewer than ten swimmers aged 19 & over at the end of the withdrawal window of each session, a separate heat may be run at the discretion of the Meet Director.**

For individual and relay events: **Age as at 31<sup>st</sup> December 2017**

# SCHEDULE OF EVENTS

Wednesday 29 <sup>th</sup> March 2017	Thursday 30 <sup>th</sup> March 2017	Friday 31 <sup>st</sup> March 2017	Saturday 1 <sup>st</sup> April 2017	Sunday 2 <sup>nd</sup> April 2017
<b>Session 1</b>	<b>Session 4</b>	<b>Session 7</b>	<b>Session 10</b>	<b>Session 13</b>
<b>Warm Up: 08.00 : Start: 09.00</b>	<b>Warm Up: 08.00 : Start: 09.00</b>	<b>Warm Up: 08.00 : Start: 09.00</b>	<b>Warm Up: 08.00 : Start: 09.00</b>	<b>Warm Up: 08.00 : Start: 09.00</b>
<b>Boys &amp; Girls: 15, 16, 17/18 and 19 &amp; over</b>	<b>Boys &amp; Girls: 15, 16, 17/18 and 19 &amp; over</b>	<b>Boys &amp; Girls: 15, 16, 17/18 and 19 &amp; over</b>	<b>Boys &amp; Girls: 15, 16, 17/18 and 19 &amp; over</b>	<b>Boys &amp; Girls: 15, 16, 17/18 and 19 &amp; over</b>
Girls 200m Backstroke	Girls 200m Breaststroke	Boys 200m Backstroke	Girls 200m Individual Medley	Boys 200m Individual Medley
Boys 100m Backstroke	Boys 200m Butterfly	Girls 400m Freestyle	Boys 200m Freestyle	Girls 200m Freestyle
Girls 100m Freestyle	Girls 100m Backstroke	Boys 50m Freestyle	Girls 100m Butterfly	Boys 100m Freestyle
Boys 200m Breaststroke	Boys 50m Breaststroke	Girls 50m Freestyle	Boys 100m Butterfly	Girls 100m Breaststroke
Girls 50m Breaststroke	Girls 400m Individual Medley	Boys 100m Breaststroke	Girls 50 Backstroke	Boys 50m Backstroke
Boys 50m Butterfly	Boys 400m Freestyle	Girls 200m Butterfly	Boys 400m Individual Medley	Girls 50m Butterfly
Girls 1500m Freestyle HDW	Girls 14-16 4x100m Medley Relay HDW	Boys 1500m Freestyle HDW	Girls 800m Freestyle HDW	Boys 800m Freestyle HDW
Boys 17 & over 4x200m Freestyle Relay HDW	Girls 17 & over 4x100 Medley Relay HDW	Girls 17/over 4x100m Freestyle Relay HDW	Boys 17 & over 4x100 Freestyle Relay HDW	Girls 17 & over 4x200 Freestyle Relay HDW
Boys 14-16 4x200m Freestyle Relay HDW	Boys 14-16 4x100 Medley Relay HDW	Girls 14-16 4x100m Freestyle Relay HDW	Boys 14-16 4x100 Freestyle Relay HDW	Girls 14-16 4x200 Freestyle Relay HDW
	Boys 17 & over 4x100 Medley Relay HDW			
<b>Session 2</b>	<b>Session 5</b>	<b>Session 8</b>	<b>Session 11</b>	<b>Session 14</b>
<b>Warm Up: 12.30 : Start: 13.30</b>	<b>Warm Up: 12.30 : Start: 13.30</b>	<b>Warm Up: 12.30 : Start: 13.30</b>	<b>Warm Up: 12.30 : Start: 13.30</b>	<b>Warm Up: 12.30 : Start: 13.30</b>
<b>Boys &amp; Girls: 11-13 &amp; 14</b>	<b>Boys &amp; Girls: 11-13 &amp; 14</b>	<b>Boys &amp; Girls: 11-13 &amp; 14</b>	<b>Boys &amp; Girls: 11-13 &amp; 14</b>	<b>Boys &amp; Girls: 11-13 &amp; 14</b>
Girls 200m Backstroke	Girls 200m Breaststroke	Boys 200m Backstroke	Girls 200m Individual Medley	Boys 200m Individual Medley
Boys 100m Backstroke	Boys 200m Butterfly	Girls 400m Freestyle HDW	Boys 200m Freestyle	Girls 200m Freestyle
Girls 100m Freestyle	Girls 100m Backstroke	Boys 50m Freestyle	Girls 100m Butterfly	Boys 100m Freestyle
Boys 200m Breaststroke	Boys 50m Breaststroke	Girls 50m Freestyle	Boys 100m Butterfly	Girls 100m Breaststroke
Girls 50m Breaststroke	Girls 400m Individual Medley HDW	Boys 100m Breaststroke	Girls 50 Backstroke	Boys 50m Backstroke
Boys 50m Butterfly	Boys 400m Freestyle HDW	Girls 200m Butterfly	Boys 400m Individual Medley HDW	Girls 50m Butterfly
Girls 1500m Freestyle HDW	Girls 11-13 4x100m Medley Relay HDW	Boys 1500m Freestyle HDW	Girls 800m Freestyle HDW	Boys 800m Freestyle HDW
Boys 11-13 4x100m Freestyle Relay HDW		Girls 11-13 4x100m Freestyle Relay HDW	Boys 11-13 4x100m Medley Relay HDW	
<b>Session 3 – FINALS</b>	<b>Session 6 - FINALS</b>	<b>Session 9 – FINALS</b>	<b>Session 12 – FINALS</b>	<b>Session 15 - FINALS</b>
<b>Warm Up: 16:15 : Start: 17:15</b>	<b>Warm Up: 15:45 : Start: 16:45</b>	<b>Warm Up: 16:15 : Start: 17:15</b>	<b>Warm Up: 15:45 : Start: 16:45</b>	<b>Warm Up: 15:45 : Start: 16:45</b>
Girls 200m Backstroke	Girls 200m Breaststroke	Boys 200m Backstroke	Girls 200m Individual Medley	Boys 200m Individual Medley
Boys 100m Backstroke	Boys 200m Butterfly	Girls 400m Freestyle	Boys 200m Freestyle	Girls 200m Freestyle
Girls 100m Freestyle	Girls 100m Backstroke	Boys 50m Freestyle	Girls 100m Butterfly	Boys 100m Freestyle
Boys 200m Breaststroke	Boys 50m Breaststroke	Girls 50m Freestyle	Boys 100m Butterfly	Girls 100m Breaststroke
Girls 50m Breaststroke	Girls 400m Individual Medley	Boys 100m Breaststroke	Girls 50m Backstroke	Boys 50m Backstroke
Boys 50m Butterfly	Boys 400m Freestyle	Girls 200m Butterfly	Boys 400m Individual Medley	Girls 50m Butterfly

**Finals will be swum from youngest to oldest age groups**

## ELIGIBILITY TO COMPETE

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- All competitors must be registered with their National Federation to be eligible to compete (FINA Rule GR 1.1).
- To compete for a Scottish Club or Team at National Age Group Championships, competitors must be registered with SASA and must have paid their current registration fee.
- Any athlete eligible to represent Scotland in accordance with Company Rules R4.5.3 who is not a member or a club affiliated to SASA, who wishes to be recognised as 'Scottish' must register with SASA.

### **National Eligibility – Scottish Swimming Company Rule R4.5.3**

R4.5.3 - A competitor selected to represent Scotland must be a registered member of SASA as per SASA Constitution C3.3 or C.3.5.1. and must be either:

- A native of Scotland, **or**
- A person with a Scottish mother or father, **or**
- Satisfy either of the following residential criteria:
  - I. For the Commonwealth Games -  
In line with current Commonwealth Games Federation Regulations or Guidelines (see Commonwealth Games Swimming selection policy for details).
  - II. For all other Meets -  
A person who has been resident in Scotland for a minimum of 6 months in the 12 months prior to the first day of competition. Irrespective of any proposals to change at 2017 SASA AGM.
- Individual Age Group events and Relay events are defined as age at 31<sup>st</sup> December 2017.
- No more than 3 swimmers who do not qualify as Scottish (see above) will be allowed to progress into any Final.

### **QUALIFYING & CONSIDERATION TIMES**

**Consideration Times (CT)** – may be used by competitors registered with SASA if they:

- a) Are competing for a Scottish Club or Team, **or**
- b) Qualify for National Eligibility (as defined by Company Rule R4.5.3) and are registered with SASA having paid their current registration fee.

### **Qualifying Times (QT)**

Competitors as defined above with an entry time equal to or faster than the **Qualifying Times (QT)** will be guaranteed acceptance (subject to time verification). Entries slower than the Qualifying Time may be restricted in order to manage session lengths.

### **Non Scottish Time (Non Scot)**

Entries submitted by all other swimmers must be equal to or faster than the **Non Scottish Time (Non Scot)**. These swimmers will be guaranteed entry acceptance (subject to time verification) with the exception of 800m and 1500m events where the Non Scot time will be treated as a consideration time rather than a qualifying time.

All competitors must enter times achieved in accredited competitions held between 9<sup>th</sup> March 2016 and 9<sup>th</sup> March 2017 and either be 50 metre pool times or conversions to 50 metre pool times (Official conversion tables: Hytek standard conversion or ASA conversion tables may be used).

### **Team Entries**

There are no consideration or qualifying times for Relays. Clubs should submit a time based on the individual times of the team members. This will be used for seeding purposes and must be capable of verification. If it is necessary to restrict the number of relay entries, this will be done on the basis of entry time.

### **Proof of Entry**

**A proof of entry times report is required in accordance with SW2.1.2.5. Random checks on entry times will be carried out prior to and during the event. Any swimmers submitting an unaccredited entry time will automatically be withdrawn from all entered events and will forfeit all entry fees.**

The organisers reserve the right to restrict entries to ensure a good standard of competition. If it is necessary to reject entries, this will be done on the basis of entry time, slowest to fastest, excluding guaranteed acceptances as detailed above.

# MALE ENTRY TIMES

	11-13			14			15			16			17-18			19 & Over		
	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT
50m Freestyle	0:29.60	0:31.37	0:32.01	0:27.96	0:28.82	0:29.41	0:26.59	0:27.36	0:27.92	0:26.07	0:26.61	0:27.15	0:24.07	0:25.06	0:25.56	0:23.30	0:24.04	0:24.69
100m Freestyle	1:04.36	1:07.72	1:09.10	1:00.23	1:03.22	1:04.51	0:57.49	0:58.84	1:00.04	0:56.01	0:57.11	0:58.28	0:52.31	0:53.82	0:55.48	0:50.80	0:52.06	0:53.33
200m Freestyle	2:19.86	2:28.47	2:31.50	2:12.63	2:16.42	2:19.20	2:05.92	2:08.66	2:11.29	2:02.47	2:06.03	2:08.60	1:54.43	1:57.74	2:00.23	1:51.12	1:54.62	1:56.77
400m Freestyle	4:53.73	5:04.39	5:10.60	4:37.47	4:40.67	4:46.40	4:26.24	4:27.74	4:33.20	4:18.91	4:22.35	4:27.70	4:00.30	4:11.95	4:19.73	3:52.08	4:11.05	4:19.73
800m Freestyle	10:12.00	10:32.07	10:44.97	9:36.43	9:39.59	9:51.41	9:12.85	9:20.28	9:31.71	8:53.45	9:00.39	9:11.41	8:50.14	8:54.32	9:01.06	8:24.36	8:54.25	8:56.19
1500m Freestyle	19:27.50	20:04.73	20:29.32	18:20.80	18:26.32	18:48.90	17:36.59	17:50.12	18:11.96	17:00.22	17:12.82	17:33.90	16:09.18	16:42.67	17:25.10	15:46.75	16:40.01	17:25.10
50m Backstroke	0:34.14	0:36.54	0:37.29	0:32.33	0:33.50	0:34.18	0:30.60	0:31.77	0:32.42	0:30.08	0:30.59	0:31.21	0:27.56	0:28.66	0:29.45	0:26.79	0:27.51	0:29.45
100m Backstroke	1:14.16	1:18.29	1:19.89	1:09.47	1:12.91	1:14.40	1:05.39	1:08.74	1:10.14	1:04.43	1:05.76	1:07.10	0:58.63	1:01.65	1:03.69	0:56.88	0:58.93	1:03.01
200m Backstroke	2:38.32	2:43.76	2:47.10	2:29.19	2:32.98	2:36.10	2:21.18	2:23.86	2:26.80	2:19.41	2:20.63	2:23.50	2:07.74	2:13.40	2:18.41	2:06.45	2:11.56	2:18.41
50m Breaststroke	0:38.24	0:41.59	0:42.44	0:36.05	0:37.41	0:38.17	0:34.11	0:35.41	0:36.13	0:33.16	0:33.58	0:34.27	0:30.26	0:31.30	0:32.35	0:29.42	0:29.68	0:31.23
100m Breaststroke	1:23.75	1:32.02	1:33.90	1:18.80	1:22.54	1:24.22	1:14.46	1:17.93	1:19.52	1:12.93	1:14.77	1:16.30	1:06.27	1:09.60	1:11.50	1:04.14	1:05.63	1:10.66
200m Breaststroke	2:59.21	3:11.59	3:15.50	2:47.80	2:53.26	2:56.80	2:39.26	2:43.76	2:47.10	2:37.05	2:38.56	2:41.80	2:24.91	2:31.42	2:37.47	2:19.19	2:23.86	2:37.00
50m Butterfly	0:32.49	0:35.87	0:36.60	0:30.17	0:32.15	0:32.81	0:28.53	0:30.12	0:30.73	0:28.09	0:28.72	0:29.31	0:25.95	0:26.62	0:27.30	0:25.08	0:25.93	0:26.39
100m Butterfly	1:13.10	1:21.05	1:22.70	1:07.75	1:12.48	1:13.96	1:03.42	1:06.35	1:07.70	1:02.06	1:03.54	1:04.84	0:57.08	0:58.57	1:00.68	0:54.89	0:57.15	0:58.94
200m Butterfly	2:43.40	2:56.79	3:00.40	2:33.04	2:39.22	2:42.47	2:21.63	2:29.24	2:32.29	2:18.66	2:23.28	2:26.20	2:07.50	2:12.43	2:17.01	2:04.98	2:08.10	2:17.01
200m I.M.	2:39.17	2:47.19	2:50.60	2:29.51	2:34.14	2:37.29	2:21.81	2:26.69	2:29.68	2:19.48	2:20.43	2:23.30	2:10.33	2:13.00	2:18.21	2:07.27	2:08.20	2:16.60
400m I.M.	5:38.72	5:55.04	6:02.29	5:16.56	5:21.05	5:27.60	5:02.13	5:08.80	5:15.10	4:57.19	5:01.74	5:07.90	4:38.66	4:45.50	4:51.53	4:32.89	4:44.07	4:51.53

Age as at 31<sup>st</sup> December 2017

# FEMALE ENTRY TIMES

	11-13			14			15			16			17-18			19 & Over		
	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT
50m Freestyle	0:29.84	0:31.04	0:31.67	0:29.00	0:30.10	0:30.71	0:28.60	0:29.16	0:29.75	0:28.26	0:28.54	0:29.12	0:26.90	0:27.62	0:28.42	0:26.21	0:26.90	0:28.42
100m Freestyle	1:04.53	1:07.81	1:09.19	1:02.89	1:05.15	1:06.48	1:01.21	1:02.68	1:03.96	1:00.42	1:01.53	1:02.79	0:58.24	0:59.55	1:01.04	0:56.59	0:58.39	1:01.04
200m Freestyle	2:19.54	2:26.31	2:29.30	2:15.60	2:20.63	2:23.50	2:12.66	2:16.33	2:19.11	2:11.06	2:12.68	2:15.39	2:05.11	2:08.08	2:11.54	2:02.45	2:05.21	2:11.31
400m Freestyle	4:51.28	5:01.06	5:07.20	4:43.30	4:50.37	4:56.30	4:39.18	4:42.83	4:48.60	4:34.92	4:38.52	4:44.20	4:19.19	4:33.64	4:37.37	4:15.75	4:29.99	4:37.37
800m Freestyle	10:00.57	10:19.64	10:32.29	9:38.51	9:53.49	10:05.60	9:32.54	9:37.51	9:49.30	9:24.99	9:27.67	9:39.25	8:58.31	9:13.34	9:25.92	8:47.90	9:01.34	9:25.92
1500m Freestyle	19:06.07	19:41.43	20:05.54	18:24.71	18:52.39	19:15.50	18:13.51	18:22.44	18:44.94	17:59.36	18:03.97	18:26.09	17:13.76	18:05.40	18:32.79	17:13.76	18:05.40	18:32.79
50m Backstroke	0:33.94	0:35.99	0:36.72	0:33.28	0:34.20	0:34.90	0:32.69	0:33.01	0:33.68	0:32.16	0:32.48	0:33.14	0:30.54	0:31.30	0:32.21	0:30.24	0:31.15	0:32.21
100m Backstroke	1:13.21	1:17.22	1:18.80	1:10.92	1:13.21	1:14.70	1:09.87	1:10.27	1:11.70	1:08.40	1:08.99	1:10.40	1:04.73	1:06.94	1:08.80	1:03.70	1:06.11	1:08.80
200m Backstroke	2:37.16	2:42.48	2:45.80	2:31.55	2:35.33	2:38.50	2:30.09	2:30.09	2:33.15	2:27.18	2:27.18	2:30.18	2:19.72	2:25.74	2:29.53	2:17.22	2:25.35	2:29.53
50m Breaststroke	0:38.36	0:41.33	0:42.17	0:37.22	0:39.05	0:39.85	0:36.43	0:37.70	0:38.47	0:35.97	0:36.81	0:37.56	0:33.67	0:35.27	0:36.09	0:33.67	0:35.27	0:36.09
100m Breaststroke	1:23.55	1:29.28	1:31.10	1:21.01	1:24.67	1:26.40	1:19.32	1:22.20	1:23.88	1:17.97	1:20.16	1:21.80	1:13.62	1:16.06	1:18.93	1:12.39	1:16.06	1:18.93
200m Breaststroke	2:59.07	3:07.28	3:11.10	2:53.15	2:55.71	2:59.30	2:49.16	2:52.58	2:56.10	2:46.27	2:51.11	2:54.60	2:37.19	2:45.74	2:52.36	2:35.34	2:45.74	2:52.36
50m Butterfly	0:32.15	0:34.99	0:35.70	0:31.42	0:32.93	0:33.60	0:30.54	0:31.89	0:32.54	0:30.15	0:30.84	0:31.47	0:28.43	0:29.56	0:30.31	0:28.17	0:28.61	0:30.31
100m Butterfly	1:12.58	1:19.48	1:21.10	1:10.15	1:14.03	1:15.54	1:07.71	1:10.53	1:11.97	1:06.63	1:08.70	1:10.10	1:03.02	1:06.08	1:08.52	1:01.88	1:04.41	1:08.52
200m Butterfly	2:42.70	2:57.48	3:01.10	2:35.03	2:43.37	2:46.70	2:30.60	2:37.14	2:40.35	2:27.50	2:33.12	2:36.24	2:19.14	2:26.64	2:36.24	2:19.14	2:26.64	2:36.24
200m I.M.	2:38.00	2:45.82	2:49.20	2:34.15	2:38.73	2:41.97	2:30.42	2:33.34	2:36.47	2:27.64	2:31.07	2:34.15	2:21.83	2:25.16	2:30.54	2:20.05	2:25.16	2:30.54
400m I.M.	5:33.93	5:51.62	5:58.80	5:22.49	5:30.54	5:37.29	5:18.57	5:23.90	5:30.51	5:12.55	5:18.25	5:24.74	4:55.18	5:12.61	5:21.56	4:55.18	5:12.61	5:21.56

Age as at 31<sup>st</sup> December 2017



# ENTRIES

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## Cost

Individual Events: £9.50                      Relays: £20.00

## **Payment can be made by the following options:-**

- Cheque payable to Scottish Amateur Swimming Association Ltd
- Credit or Debit card, telephone 01786 466520 (3% charge for Mastercard)
- BACS please send an email to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) requesting bank details

No entries will be accepted without the correct fee, or with the Entry Files incorrectly completed. Entry fees will not be refunded for any times submitted out-with the consideration time. No refunds will be given after the programme has been finalised.

## **Making Entries**

Entries will be by computer files, which are downloadable from Swimscotland and Scottish Swimming websites. The closing date for receipt of entries is **Thursday 9<sup>th</sup> March 2017**. The entry files must be e-mailed to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com). Only official files are acceptable. The fees and other paperwork (within a maximum of 3 days following the closing date) should be sent or emailed to:

National Events  
Scottish Swimming  
University of Stirling  
Stirling  
FK9 4LA

[nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

## **Team Entries**

There is no restriction on the number of teams clubs may enter. If it becomes necessary to restrict the number of entries received, teams will be selected on a time basis whether they are A or B teams.

**Please Note:** include all relay swimmers who have not been entered in individual events on to the originally submitted HyTek file. (This is to ensure that you are issued with the required number of swimmer passes and to ensure a more streamlined process on the day). Failure to do this may result in your relay team being unable to compete.

Please submit individual accredited times for each team member and reserves. The submitted relay entry time should be the sum of the accredited times for each provisional team member.

## **Changes to Relay Teams**

Changes can be made up to 1 hour prior to the start of the appropriate session on team line forms and handed to the Recorder's Desk. After this time, no changes to swim order or swimmers shall be permitted except in the event of medical emergency.

# WITHDRAWALS

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## **Heats**

Any withdrawals (including reserves) or amendments prior to the first day of the Championships should be notified to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) by email providing full details (Name, Event No. entry time and Event rank no.) or withdrawal form.

Withdrawals for Session 1 must be notified by email to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) no later than **6.00pm on Tuesday 28<sup>th</sup> March 2017**. Withdrawals for Sessions 4, 7, 10 and 13 (morning sessions) not previously notified must be lodged at the Recorder's Desk no later than the 6.00 pm on the day prior to the event. Withdrawals for Sessions 2, 5, 8, 11 and 14 (afternoon sessions) not previously notified must be lodged at the Recorder's Desk no later than 10am on day of the event.

Swimmers failing to comply with the above (except in the case of a genuine illness or proven emergency) will be liable to a £10.00 fine for each inappropriate withdrawal.

### **Finals**

Should you wish to withdraw from a Final (including reserves), you must inform the Recorders in writing on the appropriate form within 30 minutes of finalist's lists having been published or announced. Swimmers who fail to appear for Finals will be fined and may be subject to further disciplinary action. A maximum of 2 reserves will be nominated for Finals.

Any competitor withdrawing from a Final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency), shall be suspended immediately from all further events at the Championships). Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane – there will be no re-seeding.

### **Team withdrawals**

Withdrawals for relays swum in the morning sessions must be lodged no later than 6.00pm on the day prior to the event. Withdrawals for relays swum in the afternoon sessions must be lodged by 10.00 am on the day of the event. Withdrawals should be done at the recorders desk.

## **GENERAL INFORMATION**

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### **Anti-Doping**

Please note that anti-doping may be in operation at any Scottish event. All swimmers not registered with SASA or the Amateur Swimming Association (ASA) /Welsh Amateur Swimming Association (WASA) will be required to sign an agreement to undergo tests as required in accordance with FINA Law. N.B. SASA, ASA and WASA swimmers will have signed an agreement when submitting their registration fee.

### **Swimmers Passes**

All swimmers participating in the Championships will be issued with a pass which will allow them access to the changing village, designated seating areas and poolside. Within the venue, swimmers **MUST** wear their accreditation pass and have it visible at all times.

### **Coaches/Chaperones/Team Managers Passes**

A pass is required for any coach/chaperone/team manager wishing to be poolside. Within the venue all coaches, chaperones, team support staff and swimmers **MUST** wear the appropriate accreditation pass and have it visible at all times.

### **Swimwear**

British Swimming and ASA advise that FINA BL8.1 only applies to Olympic Games and FINA events. A suit check will only be made if a World or European record is claimed. There is no requirement for officials to check that costumes are on the approved FINA list. Bylaws BL 8.2 and BL 8.3 cover our requirement for design and material.

**Please Note** – for the Heats 'Over the Top Starts' will be used where appropriate.

# AWARDS & PRESENTATIONS

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## Individual awards

Medals shall be presented as follows:

- Scottish Age Group Open Champion 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup>
- Scottish National Age Group Champion 1<sup>st</sup> (provided the individual is not also the Open Champion)
- Scottish National Age Group Champion must be a registered member of Scottish Swimming

## Special awards

Trophies (1 male/1 female) to be awarded to the best performance by a boy and girl aged 16 and under as at 31<sup>st</sup> December 2017, calculated on the basis of the FINA points for 1 single event.

Sharp Trophies (1 male/1female) to be awarded to the fastest boy and girl swimmer 12 years or under for the 200m Individual Medley. (age as at 31<sup>st</sup> December 2017)

## Top Scottish Age Group Club Award

Points will be calculated as follows :1<sup>st</sup> - 13 points: 2<sup>nd</sup> – 11 points: 3<sup>rd</sup> –9 points: 4<sup>th</sup> to 10<sup>th</sup> place: 7 points down to 1 point. Relays will be awarded points as follows: 1<sup>st</sup> – 26 points: 2<sup>nd</sup> – 22 points: 3<sup>rd</sup> – 18 points: 4<sup>th</sup> to 10<sup>th</sup> place: 14 points down to 2 points. Please see below conditions for this award.

- Clubs must be registered with Scottish Swimming. For the purposes of the competition, “Club” is defined as any individual or composite team registered with Scottish Swimming
- Points will be allocated to the club of representation as per the closing date for entries to the Scottish Age Group Championships
- An individual swimmer can only be counted for 1 individual event per day, using their best scoring event of each day
- Swimmers scoring points for clubs in either individual or relay events must be resident or undertake the majority of training within Scotland
- The highest scoring eligible relay team per club only will be counted for relay events
- Scores will be derived from finals (from the position finished within the final) and HDW events only
- Final points will be calculated following the completion of the last event with updates given at the end of each finals session
- The Scottish Club or Composite team with the most points earned following the completion of the final event will be presented with the “Top Age Group Club” Award
- No points shall be scored from 19 & over events
- No points shall be scored from 17 & over relays

## Presentations

Swimmers must report to the Presentation Marshal immediately upon completing their race and picking up their dry clothes from the holding area. Appropriate clothing must be worn for the presentations. It is the responsibility of the Coach/Team Manager to ensure that medallists, or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your club envelope and posted around the pool. Failure of a swimmer or depute to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

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# EVENT REGULATIONS

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of Scottish Swimming and/or any police officer.
- No guarantee can be given by Scottish Swimming that the event will take place at a particular time or any particular date and Scottish Swimming reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of Scottish Swimming and/or police officer.
- No object may be thrown by spectators within the venue. No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may for commercial purposes take photographs or use any video recording equipment inside events without the express written permission of Scottish Swimming. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with Scottish Swimming Guidelines with regard to video recording and zoom photography.
- Should you wish to use your mobile phone for photographic purposes on poolside the procedure above must be followed.
- No flash photography permitted at anytime within the competition pool hall.
- In order to control digital photographs, mobile phones may not be used in the changing village, toilets or shower areas.
- In the interests of Health and Safety, hot food and hot drinks must not be taken into the pool hall.
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only Scottish Swimming within events without the express written permission of Scottish Swimming.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of Scottish Swimming and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of Scottish Swimming or any police officer.
- Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

# INFORMATION FOR FILE ENTRIES

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## Entries

- Entry files can be found on the SwimScotland website for download only:  
<http://www.swimscotland.co.uk/>
- Entries should be sent to: [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)
- The subject line **MUST** be **National Age Groups 2017 (Club Code)**
- Please ensure that you request a read receipt, if you wish confirmation of entries being received
- The summary sheet and proof of entry time report should be returned with the entry file
- Link to Hy-Tek website for Team Manager Lite, should you not have a copy of Team Manager  
<http://www.hy-tektd.com/downloads.html> Select Team Manager , then Lite

## Payment

- Payment should be made directly to the Scottish Swimming Office

National Events  
Scottish Swimming  
University of Stirling  
Stirling  
FK9 4LA

- This can either be sent to the office with the summary sheet and a cheque or payment can be made by credit card or BACS payment, the Summary Sheet **must** be sent or emailed to the office

## Website Information

- As soon as possible after closing date, an entry list will be posted on the website for clubs to check  
<http://www.swimscotland.co.uk> (there will be a time limit on returns)
- Any queries from the entry list should be directed to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)
- A draft programme will then be posted on the SwimScotland <http://www.swimscotland.co.uk> and Scottish Swimming <http://www.scottishswimming.com/compete/swimming/national-events.aspx> websites.
- Please note once the draft programme is posted no subsequent updates will be shown.

## APPLICATION SUMMARY

### Scottish National Age Group Championships 29<sup>th</sup> March – 2<sup>nd</sup> April 2017, Aberdeen Aquatics Centre

This form must be completed and returned with proof of payment:-

Club Name:	_____
Club Contact's Name:	_____
Address:	_____ _____ _____
Postcode:	_____
Telephone No:	_____
Email:	_____

Double click anywhere in grid below then add the number of entries, etc. in column B

Total Male Entries		@ £9.50	=	£	-
Total Female Entries		@ £9.50	=	£	-
Total Relay Entries		@ £20.00	=	£	-
Total Coach Meals		@ £18.00	=	£	-
Total value of cheque enclosed			=	£	-

Press ENTER then click anywhere outside the grid to return to normal mode

#### Payment:

Cheque made payable to 'SASA' Ltd or	
Card payment made by contacting Scottish Swimming Office	
BACS send an email to <a href="mailto:nationals@scottishswimming.com">nationals@scottishswimming.com</a> requesting the details	

Forms to be returned or emailed with proof of payment to:

Scottish Swimming  
University of Stirling  
Stirling  
FK9 4LA

Tel: 01786 466520

Email: [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

**TO BE RETURNED BY 9<sup>th</sup> MARCH 2017**

## COACHES MEALS

### Scottish National Age Group Championships 29<sup>th</sup> March – 2<sup>nd</sup> April 2017, Aberdeen Aquatics Centre

Please complete should you require coach meals:-

<b>Club:</b>	
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Require meal tickets for the following days:

	Name	Name	Name	Name
<b>29<sup>th</sup> March</b>				
<b>30<sup>th</sup> March</b>				
<b>31<sup>st</sup> March</b>				
<b>1<sup>st</sup> April</b>				
<b>2<sup>nd</sup> April</b>				

Coach Meal Pass per day (meals only) - **£18.00**

Please indicate with a (V) if vegetarian meals are required.

Please note that the cost for meal tickets is per coach/per day and includes a light lunch with tea and coffee and a 2 course meal in the afternoon.

**ANY CLUB NOT RETURNING THIS FORM WILL NOT BE ENTITLED TO MEALS**

#### Payment:

Cheque made payable to 'SASA' Ltd or	
Card payment made by contacting Scottish Swimming Office	
BACS send an email to <a href="mailto:nationals@scottishswimming.com">nationals@scottishswimming.com</a> requesting the details	

Forms to be returned or emailed with proof of payment to:

Scottish Swimming  
University of Stirling  
Stirling  
FK9 4LA

Tel: 01786 466520  
Email: [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

**TO BE RETURNED BY 9<sup>th</sup> MARCH 2017**

## PHOTOGRAPHY/MEDIA

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Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites.

All parents, competitors, coaches and volunteers are required to acknowledge this is a public event and upon entering the swimming arena this may result in the recording and publication of his/her image.

Scottish Swimming may record the competition events and general images of swimmers for the purposes of education, training, swimmer analysis, performance, development and event promotion. Scottish Swimming will hold this information on file for the use of promotion, general information and marketing. This information will not be passed on to third party media partners.

Should any competitor wish not to be photographed please complete the form below. If at any time a competitor wishes a static image to be removed from our website, 7 days notice must be given to Scottish Swimming after which the data will be removed.

Further guidance can be found in our Child Protection Policy

## MEDIA/PHOTOGRAPHY REFUSAL OF CONSENT FORM

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**Scottish  
Swimming**

### Scottish National Age Group Championships 29<sup>th</sup> March – 2<sup>nd</sup> April 2017, Aberdeen Aquatics Centre

Name of Swimmer:	
Club:	

**I refuse permission for the Official Photographer of Scottish Swimming and its media partners to take and/or publish the images of me / my child. This includes the sharing of photos/images on your website and social media sites.**

Signed (Parent/Carer if aged 16 or under):	
Print Name:	
Date:	

**Form to be returned to:** Scottish Swimming  
University of Stirling  
Stirling  
FK9 4LA

**Email:** [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

**Phone:** 01786 466520



# SCOTTISH SWIMMING NATIONAL CHAMPIONSHIPS 2017 INDIVIDUAL MEET COACH/CHAPERONE/TEAM MANAGER PASS

Applications must be made by the Head Club/Team Coach. Please ensure that the form is completed fully in block capitals. Please note that we reserve the right to refuse applications.

Age Group Championships, Aberdeen Aquatics Centre - £30

Closing Date 9<sup>th</sup> March 2017

<b>COACH</b>		<b>CHAPERONE</b>		<b>TEAM MANAGER</b>	
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(please confirm by entering a tick in the relevant box);

## Applicant's Details

<b>Surname:</b>															
<b>Forename(s):</b>															
<b>Home Address:</b>															
							<b>Postcode:</b>								
<b>Club:</b>															
<b>Telephone Number:</b>															
<b>Email Address:</b>															
<b>Membership No:</b>															
<b>Signature:</b>															

## Head Club/Team Coach details:

<b>Head/Team Coach Name:</b>												
<b>Telephone Number:</b>												
<b>Email Address:</b>												
<b>Signature:</b>												

Please ensure the following are complete/included (please confirm by entering a tick in the relevant box):-

<b>Valid PVG/CRB:</b>	Please do not send certificate as we will check with the appropriate Governing Body	
<b>Payment £30:</b>	Cheque made payable to 'SASA' Ltd or	
	Card payment made by contacting Scottish Swimming Office	
	BACS send an email to <a href="mailto:nationals@scottishswimming.com">nationals@scottishswimming.com</a> requesting the details	
<b>Photograph:</b>	E-mailed to: <a href="mailto:nationals@scottishswimming.com">nationals@scottishswimming.com</a>	

Send/email completed form, photograph and proof of payment to;  
**Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA**  
[nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

**LATE APPLICATIONS WILL NOT BE CONSIDERED**