North Ayrshire 200 Meet – under S A S A Rules
Licence Number WD/L2/931/0214

Date	Saturday/Sunday – 1 and 2 February 2014
Venue	Auchenharvie Leisure Centre
Pool	6 lane 25m pool, anti-wave lane ropes, full electronic timing with display scoreboard, limited spectator seating.
Age	on last day of Meet
Age Groups	10 years and under, 11 years, 12 years 13years, 14 years, 15/16 years and 17 over
Events	200 Fly 200 Back, 200 Breast, 200 Free and 200 IM. 800 and 1500 Freestyle, 400 Freestyle and 400 I.M. Swimmers can enter all events in their age group and open events Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis.
Awards	Medals to be awarded to 1st, 2nd and 3rd places,
Entry forms	Submit times by Hy-Tek, available on request from: ann_girvan@btinternet.com
Accreditation:	To ensure accreditation every club entering 5 or more swimmers to supply one judge for each session a swimmer is participating.
Closing Date	12 January
Entry fee	£5.00 per event
Cheques	made payable to **North Ayrshire A S C**
Coaches pass	£3.00 per day (only coaches with a pass will be allowed poolside)
Spare lanes	North Ayrshire A S C reserves the right of spare lanes if available.
Trophies:	**Best Age Group Champions** - over all 200m events. (five) Points 6,5,4,3,2,1. **Overall best performance** based on broken or nearest to the meet record.

Saturday **All events declared winner**

Session One, warm-up 9am for 10am start

101 – Girls 1500 Freestyle
102 – Boys 800 Freestyle
103 – Girls 200 Butterfly
104 - Boys 200 Breast
105 – Girls 200 IM

Session Two, warm-up 1.30 for 2.30 start

201 – Girls 400 IM
202 – Boys 400 Freestyle
203 – Girls 200 Freestyle
204 – Boys 200 IM

Sunday

Session Three, warm-up 9am for 10am start

301 - Boys 1500 Freestyle
302 – Girls 800 Freestyle
303 – Boys 200 Butterfly
304 – Girls 200 Backstroke
305 – Boys 200 Freestyle

Session 4, warm-up 1.30 for 2.30 start

401 – Girls 400 Freestyle
402 – Boys 200 Backstroke
403 – Girls 200 Breaststroke
404 – Boys 400 IM